

What is wealth then?

What on earth is wealth? I am often asked and I know that my definition of wealth changes the more I know and understand. My definition started, much like anyone else's really, in a definition of an amount - a million, 2 million - more million. But as I met and surpassed each target I realised that nothing in my life really changed as a result - I still had to pick the kids up from school, I still got headaches and there was still rubbish on the TV.

So clearly wealth wasn't money - because I wanted to feel different and be different in some way, and as I got more enlightened I changed my definitions and I have been through them all - freedom, life choice, health, spirit, relationships - you name it and I have included that area in my wealth definition somewhere at some time.

All those definitions are of course fine but didn't quite do it for me until I realised that what makes me feel most wealthy are emotions, and experiences. For instance, my son came home from school last July and told me about geysers which he had been studying that day. Apparently all geysers (the geographical spouting water kind) are named after a specific geyser in Iceland at, you guessed it, Geyser. We did no more but went onto the internet and before the evening was out we had booked two plane tickets to Iceland and off he and I went on a weeks tour of Iceland looking not only at the geysers, but also at volcanos, waterfalls and Bjorks summer residence!

My son and I will remember that trip for ever and it was true wealth that enabled us to do it - sure we had the money for the plane tickets, but we also had the drive, the time, the inclination and the belief that we could do whatever we wanted.

Wealth IS freedom, but it is more than financial freedom, it's mental freedom too - I am wealthy because I am still exploring, still growing, still excited by life, and because I spend most of my time - on the EDGE, looking with expectation at everything that is possible as far as the eye can see.

Wealth is having a sense of peace and contentment - wealth is when you feel and have 'enough' and don't clamour for more. Wealth is having perspective and balance - knowing that money is only one part of wealth along with all the other things. Wealth is understanding at a cellular level that money will flow - and being relaxed enough to hold your money with palms open rather than clenched tightly in your fists.

Wealth is equality and evenness and understanding that we need the tangible financial information in Equal measure with the belief that wealth is possible.

Wealth then is understanding that the relentless pursuit of just money and material possessions is unlikely to produce great results either financially or emotionally because wealth is about having the E's: Edge, Ease, Expectation, Empowerment, Equality and Experiences.

And it FEEEEEEEEEEEEEEEEEEEEEEEEEEEEEEEEELS great!

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